



living forward

“The Spark of Life Retreat I attended not only helped me personally, but also gave me a wealth of information I can use to help others in many of the support groups we have at Hope House. I found the content of the retreat applies to losses of many types: loss of a child, a marriage, job, health, and even loss of family because of addiction to substance abuse, sexual abuse, as well as financial loss. We will be using principles learned in this retreat in many of our groups. Thank you and may God bless Spark of Life.”

Jim Couch – Director of Hope House, Little Rock, AR

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*Spark of Life Conferences and Retreats are facilitated by Certified Specialists in Grief Recovery



Grief Recovery Retreats

“WHEN THE PAIN IS SO GREAT THAT YOU AREN'T SURE YOU CAN BEAR IT, WHEN YOU LOOK FOR ANSWERS TO “WHY” AND THERE ARE NONE; WE CAN HELP YOU FIND HOPE FOR LIFE AFTER LOSS. ”



“Although we lost our son Jay over 10 years ago, attending the Spark of Life Retreat was still very enriching. One of the more painful feelings during such a loss is that of feeling as if you are the only one who has experienced such grief. Meeting and working with others with like trials was very helpful and rewarding. We wholeheartedly recommend a Spark of Life Retreat.”

– Phil and Judy Hoggard lost their son, Jay, in 1992

Spark of Life Retreat at Tanglewood Resort

Relax. Reflect. Revive.

Expect acceptance, understanding, and hope. It is what you will find at a Spark of Life Retreat.

Expect dynamic group interaction, a proven action plan for grief recovery that inspires hope, and time to reflect in solitude by resting, walking, praying or reading.

Located on the wooded shoreline of Lake Texoma and offering numerous opportunities for recreation and relaxation, Tanglewood Resort is the backdrop for Spark of Life Retreats. The resort is located just one hour north of the heart of Dallas.

Call 501-230-3008 or visit www.sparkoflife.org for retreat dates and pricing or to make a donation. Our commitment is that no grieving heart be denied the opportunity to attend a Spark of Life Retreat because of lack of funds.

“We attended the Spark of Life Retreat in February--what a blessing! We were able to openly express our feelings of sorrow and grief and to witness the similar pains others experience as they shared their stories of loss. Through shared tears of sorrow and joy we found relief and hope. The beautiful, natural setting provided peace, refuge, and restoration. We came home with a new sense of purpose--the desire to reach out to others, to help them through their journey of grief.”

– Tony and Paula Brady lost their son, Andrew, in 2006

ON THE JOURNEY...



Spark of Life was born of broken hearts.

after loss

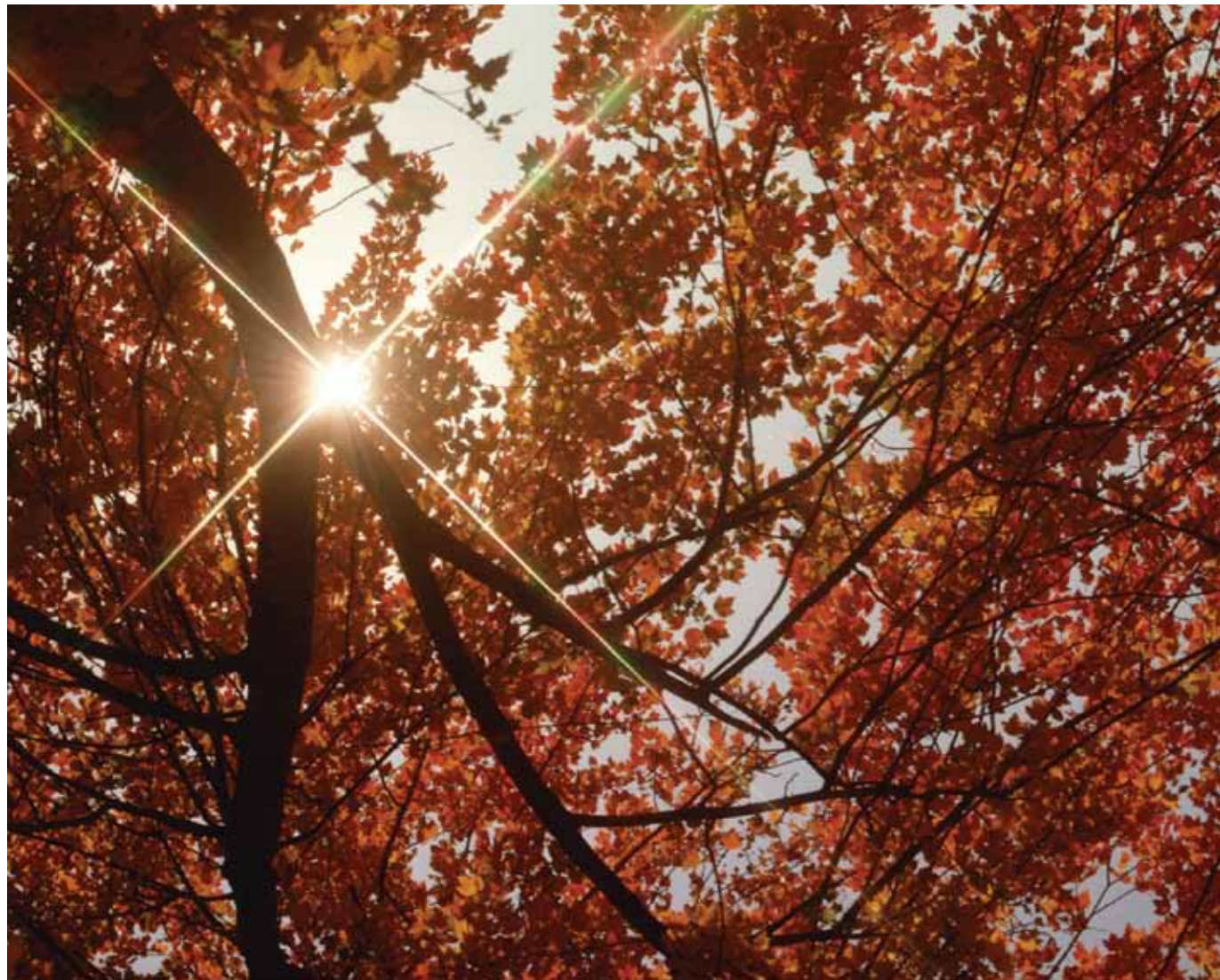
A seventeen-year-old dies unexpectedly... a baby is born and lives only seven minutes...

Broken hearts come in all shapes and sizes and for a variety of reasons. When loss occurs, we are left broken and questioning, hopeless and angry. Loss hurts.

Sometimes we need someone to understand, someone to believe in us again, or to simply accept us as we are and where we are. We invite you – all who are grieving, hurting, questioning – to experience a Spark of Life.



AFTER LOSS



THERE IS HOPE...

The Spark of Life Foundation exists to instill hope that, though life can never be the same after loss, life can be rich and fulfilling. The founders of Spark of Life have experienced the journey from loss to life, from grief to grace. We know the journey is difficult but it is possible. We invite you to visit us on your journey.

“Whether your grief is new and fresh or buried deep with time, Spark of Life will help take you down a pathway of healing with caring people. It will still be each one’s grief journey to travel but it helps when you have the tools to learn to cope and find a new normal.”

– Dennis and Glenda Brooks lost their son, Kennley in 2003